



## Fact Sheet for Student Exchange Programs 2026–2027

**Faculty of Human Sciences | FCH**  
**Universidade Católica Portuguesa**  
(Erasmus code: P LISBOA01)

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<b>ACADEMIC INFORMATION 2025–2026</b>	<b>Fall Semester</b>	<b>Spring Semester</b>
<b>Nomination Deadlines</b>	15 May 2026	30 October 2026
<b>Application Deadlines</b>	31 May 2026	15 November 2026
<b>Guidance Sessions</b>	Early September 2026	Early February 2027
<b>Academic Semesters</b>	Early September 2026 to January 2027	Early February to June 2027
<b>Appeal Examinations</b>	July 2027	



<p><b>Standard for Languages of Instruction</b></p>	<p>Portuguese — CEFR Level B1 English — CEFR Level B2</p>
<p><b>LAC (Liberal Arts Curriculum)</b></p>	<p>Universidade Católica Portuguesa offers a <i>Liberal Arts Curriculum</i> in English in the 2026–2027 academic year. This <i>curriculum</i> allows incoming students to attend some course units lectured in English available in other faculties and institutes of the <a href="#">Lisbon campus</a>. Students must, however, enrol in at least 51% of their total ECTS credits at the Faculty of Human Sciences.</p> <p>Students who are interested in taking course units under the LAC should ask information about the availability of these courses at the beginning of the application process.</p>
<p><b>Academic Programmes</b></p>	<p>Courses offered in English and in Portuguese:</p> <ul style="list-style-type: none"> <li>- <a href="#">Undergraduate Study Program</a></li> <li>- <a href="#">Master's degrees</a></li> </ul> <p><b>Undergraduate Degrees:</b></p> <ul style="list-style-type: none"> <li>- <a href="#">Philosophy, Politics and Economics (PPE)</a>  </li> <li>- <a href="#">Communication and Cultural Sciences</a> </li> </ul> <p>(Media and Journalism, Communication, Marketing and Public Relations, Cultural and Touristic Communication and Audiovisual and Multimedia.)</p> <ul style="list-style-type: none"> <li>- <a href="#">Social Work</a> </li> <li>- <a href="#">Psychology</a> </li> <li>- <a href="#">Applied Foreign Languages (LEA)</a> </li> </ul> <p>(Specialisation in Business Relations and Translation)</p> <p><b>Master's Degrees:</b></p> <ul style="list-style-type: none"> <li>- <a href="#">Communication Studies</a>  </li> </ul> <p>(Specialisation in Communication, Marketing and Advertising, Strategic Communication and Leadership, Communication and Digital Transformation; Journalism and Media and Entertainment.)</p> <ul style="list-style-type: none"> <li>- <a href="#">Asian Studies</a> </li> <li>- <a href="#">Culture Studies</a> / <a href="#">The Lisbon Consortium</a> </li> <li>- <a href="#">Psychology in Business and Economics</a> </li> <li>- <a href="#">Master in Psychology and Environmental Sustainability</a> </li> <li>- <a href="#">Psychology of Wellbeing and Health Promotion</a> </li> <li>- <a href="#">Social Work</a> </li> <li>- <a href="#">Translation</a> </li> </ul>



### INFORMATION FOR INCOMING EXCHANGE STUDENTS:

<b>Portuguese Language Course</b>	<b>Portuguese Course</b> (6 ECTS) Four hours and a half (4h30) a week during the semester. <b>Fee:</b> 250.00€ For further information contact <b>Clementina Santos</b> ( <a href="mailto:c.santos@ucp.pt">c.santos@ucp.pt</a> ).
<b>Health Insurance Requirements</b>	<b>EU students:</b> European Health Insurance Card (EHIC) <b>Non-EU students:</b> Private Health insurance
<b>Online Application</b>	Students will receive an email with the hyperlink to the online application form after being nominated by their home university. Students should submit their application online and provide additional documents: transcript of records and identity card or passport.
<b>Accommodation</b>	The International Relations Office provides a list of suggestions with websites and platforms that announce accommodation offers. We suggest students start looking for accommodation well in advance, due to the high-level of demand in Lisbon nowadays.
<b>Lisbon: Cost of Living</b>	Living in Lisbon is affordable. Students can spend an average of <b>€750/€850 per month</b> . <ul style="list-style-type: none"><li>• Housing (per month): €500 to €800</li><li>• Food (per month): €300 to €400</li><li>• Meal in the university canteen: ~ €5</li><li>• Meal at a restaurant: €12 to €18</li><li>• Coffee (Espresso): €0.75</li><li>• Transportation (monthly pass): ~€30 (Lisbon only), ~€40 (Greater Lisbon Area)</li><li>• Subway ticket: €1.80</li><li>• Cinema: €6.90 -10€                      Museum: ~€15</li><li>• Nightclubs: about €15 / €20</li></ul>

*Lisbon, February 2026*