

## Uppsala University – Faculty of Arts Information Fact Sheet for Mobility AY2025/2026

<b>About the university</b>	<b>Uppsala University, Erasmus ID Code: S UPPSALA 01</b>	
<b>Agreement types administered:</b>	Erasmus+	
<b>Mailing address:</b>	Department of History Box 628 751 26 Uppsala	<b>Visiting address:</b> Thunbergsvägen 3A, Engelska parken, Uppsala
<b>List of staff (UU coordinators)</b>	Christine Ekholst and Moa Sjödahl	
<b>E-mail address:</b>	<a href="mailto:erasmus-hist@uu.se">erasmus-hist@uu.se</a>	
<b>Website for exchange related information:</b>	<a href="http://uu.se/en/study/exchange-studies">uu.se/en/study/exchange-studies</a>	
<b>Information about the university, location, number of students:</b>	<p>Uppsala University (UU) is the oldest university in Scandinavia, founded in 1477. <b>Campus Uppsala</b> is located 70 km north of Stockholm and 30 km from the international airport Stockholm Arlanda. <b>Campus Gotland</b> is our campus in Visby on the island of Gotland, in the Baltic Sea.</p> <p>In total, the university has over 54 000 students. Uppsala University is one of the top universities in the world according to major rankings. For more information, please refer to Study and Live in <a href="#">Uppsala</a>, <a href="#">Visby</a> and <a href="#">Welcome New Students</a>.</p>	

### Academic Calendar

<b>Academic calendar:</b>	<a href="http://uu.se/en/admissions/higher_education_in_sweden/">uu.se/en/admissions/higher_education_in_sweden/</a>	
Official autumn term:	Start date	1 September, 2025
	End date	18 January, 2026
Official spring term:	Start date	19 January, 2026
	End date	7 June, 2026
Examinations:	Examinations take place throughout the term but not after the end of term, see above dates. Re-take exams can sometimes occur outside of these dates. Consider the end dates described in each course description to accommodate an earlier departure from Sweden. Map the courses accordingly.	

### Nomination and Application process

<b>Number of exchange students we can host (per term):</b>	According to current exchange agreement, or as agreed by prior correspondence with partner.
<b>Nominations (for partners only)</b>	<p>Deadline for spring term nominations: <b>1 October</b>            Deadline for autumn term nominations: <b>1 April</b></p> <p>Nominate your students by sending an e-mail to <a href="mailto:erasmus-hist@uu.se">erasmus-hist@uu.se</a> with the following information: Name, E-mail address, Period of Study, Level of study, Field of study</p>
<b>Application dates:</b>	<p>Autumn term:            Online application opens 15 March  <b>Deadline 15 April</b></p>

	<p><u>Spring term:</u> Online application opens 15 September <b>Deadline 15 October</b></p>
<b>Online application:</b>	<p>The link to the application portal will be emailed to nominated students shortly before the application period opens.</p> <p><b>Please note:</b> Online application closes automatically at 23.59 Swedish time (11:59 PM) on the dates given above.</p> <p>More details can also be found here: <a href="http://uu.se/en/study/exchange-studies/application">uu.se/en/study/exchange-studies/application</a></p>
<b>Application material:</b>	<p>The online application will require students to prepare the following items:</p> <ul style="list-style-type: none"> <li>• Official Transcript of Records in <u>English</u>, PDF only</li> <li>• Certificate of Registration/Enrolment in <u>English</u> for current courses taken, PDF only</li> <li>• Course proposal (see information in Course selection)</li> </ul>
<b>Students will be notified if their application has been successful:</b>	<p>Autumn term: by mid-June Spring term: by late November/early December</p> <p>By email from: <a href="mailto:erasmus-hist@uu.se">erasmus-hist@uu.se</a> <b>Please make sure students can accept emails from these addresses.</b></p>

## Academic Information

<p><b>Number of credits that undergraduate and graduate students need to be accepted to per term:</b></p>	<p><b>Full-time workload: 30 credits</b> Minimum: 22.5 credits* Maximum: 37.5 credits <b>*Please note, the Swedish Migration Agency requires students to be accepted to full-time studies to issue residence permits for non-EU/EES students. Full-time study means 30 credits (or higher education points) per term. A residence permit cannot be received for distance learning or online courses.</b></p>
<p><b>Course selection:</b></p>	<p><b><u>Students coming to Uppsala on agreements with the Faculty of Arts must take at least 50 % of their courses with the Faculty of Arts.</u></b></p> <p>In their application, students can select up to eight (8) courses in order of preference and priority. The students should be prepared to show how they meet the entry requirements for the selected courses by providing details from their own Transcript of Records. We recommend using the filter of the course catalogue to narrow the list down to what is most appropriate to the student's level of education and area of study.</p> <p>The course catalogue: <a href="http://uu.se/en/study/search?category=coursesForExchangeStudents">uu.se/en/study/search?category=coursesForExchangeStudents</a></p> <p>Useful information about courses for exchange students is listed here: <a href="http://uu.se/en/study/exchange-studies/course-mapping">uu.se/en/study/exchange-studies/course-mapping</a></p> <p>Courses offered specifically at Campus Gotland (Visby): <a href="http://uu.se/en/study/search?location=Visby">uu.se/en/study/search?location=Visby</a></p> <p>We will only admit students to full-time studies (30 credits) with courses that do not have major overlaps.</p>

<b>Restricted subject areas for exchange students:</b>	<ul style="list-style-type: none"> <li>Business Studies – entry requirements vary considerably.</li> <li>Economics – no courses available from the Department of Economics.</li> <li>Government - limited space on certain courses.</li> <li>Law – entry requirement is a minimum of two years of completed full time Law studies.</li> <li>Medicine – Clinical Medicine courses are not offered on university-wide exchange agreements. No entry-level courses taught in English. Students must have a strong academic background within Medicine and meet the entry requirements described in the course description.</li> <li>Physiology and Anatomy – no courses available.</li> <li>Natural Sciences including Physics, Chemistry, Biology and Engineering - few to no entry-level courses taught in English. Students must have a <b>very</b> strong academic background within these subjects and meet the entry requirements described in the course description.</li> <li>Philosophy – only few courses available with high entry requirements.</li> <li>Psychology – only few courses, on a basic level, taught in English with very limited space on courses.</li> <li>Sociology – only few courses available with high entry requirements.</li> <li>Places on courses taught in Swedish for those with enough Swedish language skills can be offered if there are vacancies. Students will be notified of the decision only after the national (Swedish) admission process has been completed.</li> </ul>
<b>Placement in students' selected courses?</b>	Each course is assessed individually by the department responsible for the course. In addition to academic entry requirements, courses may have a limited number of places available and can therefore not be guaranteed.
<b>Student account</b>	Student accounts should preferable be activated online prior to arriving, once the student has received the Letter of Admissions. However, the student account can also be activated in person with an official photo ID at the beginning of each term. An active account gives students access to course information, schedules and Wi-Fi services in university-owned buildings.
<b>Information about course registration and course changes:</b>	<p>Registration procedures vary between departments. Information for specific courses is available in <a href="http://uu.se/en/study/syllabus-search">uu.se/en/study/syllabus-search</a>. Search for the course code and then use the down arrow to open up Application and requirements. Look under Registration period as well as Information on registration from the department for more information. If there is no information regarding online registration and you are still not registered on courses, please contact the department directly, closer to the start of the term.</p> <p><b>Please note:</b> Courses are definite at the time of admissions. Changes can only be made for specific academic reasons confirmed by the home university in writing and cannot be guaranteed.</p> <p><b>There is no add-and-drop period at Uppsala University.</b> The last day to withdraw from a course is three weeks after the course begins.</p>
<b>Grading information</b>	<p>The grading scales used at Uppsala University can be found here: <a href="http://uu.se/en/study/higher-education-in-sweden">uu.se/en/study/higher-education-in-sweden</a></p> <p>ECTS grades are no longer offered to students due to a 2010 decision by the Vice-Chancellor of Uppsala University.</p> <p>Please see course syllabus for grading scale used and note that <b>some courses only offer a Fail (U) or Pass (G) grade.</b></p>

<b>Transcript of Records</b>	A Transcript of Records will be sent by e-mail to the student and the coordinator 5 weeks after the semester has ended.
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## Language requirements and language courses

<b>Language requirements</b>	<p>Applicants will be asked to evaluate their level of English (or Swedish for those planning to take courses taught in Swedish) in the application form. Students are expected to manage at least a B2 level on the Common European Framework of Reference for Languages. A language certificate is not required.</p> <p><b>Definition of level B2:</b>          “Can understand the main ideas of complex text on both concrete and abstract topics, including technical discussions in his/her field of specialisation. Can interact with a degree of fluency and spontaneity that makes regular interaction with native speakers quite possible without strain for either party. Can produce clear, detailed text on a wide range of subjects and explain a viewpoint on a topical issue giving the advantages and disadvantages of various options.”</p>
<b>Basic Swedish Language course</b>	<p><b>Basic Swedish</b> language courses run part time and as afternoon/evening classes, throughout both terms and are worth 7.5 credits. There are several levels available depending on Swedish language skills, for more information please visit: <a href="http://uu.se/en/department/scandinavian-languages/study/faq-basic-swedish">uu.se/en/department/scandinavian-languages/study/faq-basic-swedish</a></p> <p>Students may apply to take Basic Swedish in the course selection module of the online application. No classes take place after mid-December.</p>
<b>English language assistance:</b>	<p>Students are required to have sufficient knowledge of English upon arrival. Complimentary English language workshops and/or courses are offered at Uppsala University but not for academic credit. The language courses in the link below are free of charge for exchange students but places are not guaranteed: <a href="http://uu.se/en/students/support-and-services/language-and-reading-resources/the-language-workshop?languageId=1">uu.se/en/students/support-and-services/language-and-reading-resources/the-language-workshop?languageId=1</a></p>

## Accommodation

<b>Application for housing and online application link:</b>	<p>Housing is provided and managed through the private company Uppsala University Housing Office (UUHO). Uppsala University does not have its own accommodation.</p> <p>Students apply for housing between the following dates:          For autumn term: <b>15 – 31 May</b>          For spring term: <b>15 – 30 November</b></p> <p>The link to the housing application will be emailed out to students prior to the opening of the housing application period.</p> <p>The UUHO process the online applications for housing in Uppsala and Visby. Offers are made at the <b>beginning of June</b> for the autumn term and at the <b>beginning of December</b> for the spring term. An <b>active response</b> from the applicant is <b>required</b>.</p> <p>Please note that students should apply for housing as soon as the housing application period opens, even if they have not yet received their Certificate of Acceptance. Applying for housing is not binding but accepting an offer is a binding contract.</p>
<b>Is accommodation guaranteed for exchange students?</b>	<p>Housing is not guaranteed, but accommodation is offered for exchange students based on the following conditions:</p> <ol style="list-style-type: none"> <li>1. The exchange agreement is relatively well balanced with regard to incoming/outgoing students.</li> </ol>

	2. The application for housing is submitted on time and the student has accepted the offer by the deadline specified in the housing offer.
<b>Housing options available:</b>	There are various housing options available, please refer to the private company Uppsala University Housing Office's (UUHO) website <a href="http://housingoffice.se/">housingoffice.se/</a> for more information and contacts.
<b>Meal plan options:</b>	None. Student housing only offers cooking facilities in shared kitchens.

## Financial Requirements and Resident Permits

<b>Are exchange students required to obtain a student visa or residence permit?</b>	<p><b>Non-EU/EES citizens:</b>            All non-EU/EES citizens need to apply for a residence permit to stay longer than 90 days in Sweden. The residence permit must have been granted before the student enters Sweden.</p> <p><b>The Swedish Migration Agency requires that non-EU/EES students are accepted to full-time studies that require their presence in Sweden. Full-time study means 30 higher education points per term. A residence permit cannot be received for distance learning or online courses.</b></p> <p>Uppsala University will send a <b>Certificate of Acceptance</b> by e-mail for each student in need of it. The Certificate of Acceptance is necessary in order to apply for a residence permit. Further information can be found here: <a href="http://migrationsverket.se/English/Private-individuals/Studying-in-Sweden/Higher-education/Residence-permit-for-studies-in-higher-education/Apply-for-a-residence-permit-for-studies-in-higher-education.html">migrationsverket.se/English/Private-individuals/Studying-in-Sweden/Higher-education/Residence-permit-for-studies-in-higher-education/Apply-for-a-residence-permit-for-studies-in-higher-education.html</a></p> <p>More details will be sent with the Certificate of Acceptance by <b>late May</b> for the autumn term and <b>late November</b> for the spring term.</p> <p><b>Please note:</b>            Non-EU/EES citizens currently studying in another country covered by the Schengen agreement <b>still have to apply</b> for a residence permit before their arrival in Sweden.</p> <p>New rules for passport checks in person at the Swedish Embassy were recently introduced by the Swedish Migration Agency.</p>
<b>Information about supporting financial documentation:</b>	For non-EU/EES citizens the Swedish Migration Agency requires that applicants support their residence permit application with proof of sufficient funds. The current minimum for the entire duration of stay can be found here: <a href="http://migrationsverket.se/English/Private-individuals/Studying-in-Sweden/Higher-education/Residence-permit-for-studies-in-higher-education.html#financialsupprt">migrationsverket.se/English/Private-individuals/Studying-in-Sweden/Higher-education/Residence-permit-for-studies-in-higher-education.html#financialsupprt</a>
<b>Are exchange students with residence permits allowed to work in Sweden?</b>	Yes, both on- and off-campus, unlimited hours. However, it is <i>very</i> difficult to find work for non-Swedish speakers.

## Medical Insurance

<b>Are exchange students required to purchase a compulsory insurance plan?</b>	No purchase is necessary for the student. All exchange students who are physically in Sweden conducting on-campus studies are automatically covered by an insurance policy taken by Uppsala University, <b>Student IN</b> . That insurance covers emergency medical care (for non-EU/EES citizens), liability coverage, legal coverage and
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	<p>accident insurance.</p> <p>For full details about the <b>Student IN</b> insurance, please visit: <a href="https://kammarkollegiet.se/engelska/start/all-services/insurance-for-foreign-visitors/student-insurance/exchange-students-in-sweden">kammarkollegiet.se/engelska/start/all-services/insurance-for-foreign-visitors/student-insurance/exchange-students-in-sweden</a></p> <p><b>Please note:</b> Student IN does NOT cover pre-existing medical conditions or trips outside Sweden. Students should read the terms and conditions and determine whether they need to purchase additional private health insurance.</p>
<p><b>Other insurance information that students should be aware of?</b></p>	<p><b>EU/EES citizens</b></p> <p>EU students, who reside in the EU, must bring their European Health Insurance Card for medical insurance: <a href="https://ec.europa.eu/social/main.jsp?catId=857&amp;intPageId=1304&amp;langId=en">ec.europa.eu/social/main.jsp?catId=857&amp;intPageId=1304&amp;langId=en</a></p>

## Student Services and Student Life

<p><b>What services can be expected for students with disabilities?</b></p>	<p>Support for reading and writing difficulties/dyslexia, mental disorders, neuropsychiatric disorders, hearing impairment, visual impairment, physical disabilities or chronic illnesses can be provided. To receive support, students must provide evidence of disability directly to the Uppsala University's coordinators for targeted study support.</p> <p>The type of support students can receive is directly related to their education and based on their needs. Support is planned in collaboration with the student. For students requiring support, please contact one of Uppsala University's coordinators for targeted study support directly after applying for exchange studies:</p> <p>Campus Uppsala: <a href="mailto:riktatstod@uu.se">riktatstod@uu.se</a>      Campus Gotland: <a href="mailto:riktatstod-cg@uu.se">riktatstod-cg@uu.se</a></p> <p>For more details: <a href="https://uu.se/en/students/support-and-services/disabilities">uu.se/en/students/support-and-services/disabilities</a></p>
<p><b>Student Health Service:</b></p>	<p>The Student Health Service at Uppsala University is a team of counsellors and health pedagogues, all with a focus on student-related mental health issues. They offer individual consultations and arrange workshops on issues such as lifestyle habits, how to cope with stress, etc. The Student Health Service in Uppsala also offers a <i>light room</i> to compensate for some of the daylight deficiency during the dark months.</p> <p>For more details: <a href="https://uu.se/en/students/support-and-services/the-student-health-services">uu.se/en/students/support-and-services/the-student-health-services</a></p> <p>More information about Health Care in Sweden: <a href="https://uu.se/en/students/support-and-services/in-a-crisis-or-ill">uu.se/en/students/support-and-services/in-a-crisis-or-ill</a></p>
<p><b>Orientation Programme and recommended arrival days</b></p>	<p>An <b>Orientation Programme</b> is arranged prior to term start and provides students with information about the facilities and activities they can access to make the most of their stay in Uppsala or Visby. In addition, a free bus service from Stockholm Arlanda airport to Uppsala University's Welcome Center in Uppsala is arranged during the official <b>Arrival Days</b>.</p> <p>The entire program with more details will be posted prior to each term and is updated continuously here: <a href="https://uu.se/welcome">uu.se/welcome</a></p> <p>Welcome Programme Uppsala: <a href="https://uu.se/en/students/new-student/welcome-to-uppsala">uu.se/en/students/new-student/welcome-to-uppsala</a>      Welcome Programme Visby: <a href="https://uu.se/en/students/campus/campus-gotland">uu.se/en/students/campus/campus-gotland</a></p>

	<p>Getting to Uppsala: <a href="http://uu.se/en/students/new-student/welcome-to-uppsala/getting-to-uppsala">uu.se/en/students/new-student/welcome-to-uppsala/getting-to-uppsala</a></p> <p>Getting to Gotland (Visby): <a href="http://uu.se/en/campus/gotland/study/travel-to-gotland">uu.se/en/campus/gotland/study/travel-to-gotland</a></p>
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<b>Buddy programme, or similar</b>	<p>Uppsala Student Union offers a Buddy programme for students new to Uppsala, i.e. “newbies”. Find information and sign up at <a href="http://en.uppsalastudentkar.se/buddy">en.uppsalastudentkar.se/buddy</a></p> <p>For more details, please contact: <a href="mailto:buddy@us.uu.se">buddy@us.uu.se</a></p> <p>For Campus Gotland students, the Student Union Rindi offers welcome activities in Visby during the first weeks of the autumn term. Find information about this “Lamning” at <a href="http://rindi.com/english">rindi.com/english</a>.</p> <p>For more details, please contact <a href="mailto:info@rindi.com">info@rindi.com</a>.</p>
<b>Other relevant information for exchange students</b>	<p><b>Answering your questions</b> Please consult our website or FAQ to find the answer to your question: <a href="http://uu.se/en/study/exchange-studies">uu.se/en/study/exchange-studies</a> <a href="http://uu.se/en/study/exchange-studies/faq">uu.se/en/study/exchange-studies/faq</a></p> <p><b>Support and Services</b> <a href="http://uu.se/en/students/support-and-services">uu.se/en/students/support-and-services</a></p> <p><b>Visit Study in Sweden for more information on cost of living and much more:</b> <a href="http://studyinsweden.se/life-in-sweden/cost-of-living/">studyinsweden.se/life-in-sweden/cost-of-living/</a></p> <p><b>Campus Uppsala:</b> All about life in Uppsala as an exchange student with important and useful information on arriving and getting settled, as well as everyday life in Uppsala from a student perspective, can be found here: <a href="http://uu.se/en/study/study-and-live-in-uppsala">uu.se/en/study/study-and-live-in-uppsala</a></p> <p><b>Campus Gotland (Visby), Gotland:</b> All about life on Gotland as an exchange student with important and useful information on arriving and getting settled, as well as everyday life in Visby from a student perspective, can be found here: <a href="http://uu.se/en/campus/gotland/study/study-and-live-in-visby">uu.se/en/campus/gotland/study/study-and-live-in-visby</a></p>