



## Erasmus Fact Sheet [University of Helsinki](#) (SF HELSINK01) 2025-26

### INTERNATIONAL EXCHANGE SERVICES AND EDUCATION COOPERATION

International Exchange Services coordinates the Erasmus programme at the central level: e.g. promotes the possibilities, consults in agreement matters, organises services for both in and outgoing exchange students, outgoing staff, as well as maintains the mobility management system Mobility Online.

<b>Postal address</b>	P.O. Box 53, 00014 University of Helsinki, Finland
<b>Websites</b>	<a href="#">Contact information for International Exchange Services</a> <a href="#">Information for mobility partners</a>
<b>Erasmus institutional coordinator</b>	Ms. Mari Lauri <a href="mailto:studentexchange@helsinki.fi">studentexchange@helsinki.fi</a> +358 50 448 9819
<b>Erasmus SMS student exchanges</b>	<a href="mailto:studentexchange@helsinki.fi">studentexchange@helsinki.fi</a> +358 2941 22401
<b>Erasmus STA teacher and STT staff exchanges</b>	<a href="mailto:staffexchange@helsinki.fi">staffexchange@helsinki.fi</a> +358 2941 22241

### ERASMUS CONTACT PERSONS AT THE UNITS

In all questions concerning Erasmus mobility partnerships, agreements and actions including exchange student selections and course offerings, renewal of existing mobility agreements, teaching staff or staff training visits, academic content and studies, please contact International Exchange Services (contact information above).

### REGISTRATION INFORMATION FOR INCOMING STUDENTS

**Nominations**

You can nominate students starting from 1 March. Please fill out this our new form for your nominations. The new form will be published on our [Mobility partners](#) page closer to that date.  
**Nominate your students at least two weeks before the registration deadlines below.**

Nominated students must register to University of Helsinki during the following registration periods:

**for autumn semester:**

**01.04.- 15.04.:** citizens of non-EU/EEA member states

**01.04.- 15.05.:** citizens of EU/EEA member states, Iceland, Liechtenstein, Norway and Switzerland

**for spring semester:**

**01.09.- 30.09.:** citizens of non-EU/EEA-member states

**01.09.- 15.10.:** citizens of EU/EEA-member states, Iceland, Liechtenstein, Norway and Switzerland



**Information on the registration process:**

[How to register](#)

[Online support for incoming exchange students](#)

[Language requirements](#)

**Semester dates for exchange students (includes orientation):**

Autumn Semester: 26 August – 19 December 2025

Spring Semester: 07 January – 29 May 2026

**COURSES TAUGHT IN ENGLISH AND COURSE SELECTION**

Our preliminary [Course catalogue for exchange students](#). Courses for the next academic year will be published in late March/early April.

**Letter of Confirmation/Certificate of Stay/Departure Certificate:**

University of Helsinki will provide all Erasmus students a Letter of Confirmation at the end of their mobility and will no longer sign any separate departure documents provided by the home university. Arrival certificates provided by the home university will still be signed normally.

**PRACTICAL INFORMATION**

[Housing](#)

[Visa /Residence permit](#)

[Insurance](#)

[City of Helsinki](#)

**INFORMATION FOR ACCEPTED STUDENTS**

[Orientation, Check-in event, Tutoring](#)

**Dates:**

Autumn semester 26/08-29/08 2025

Spring semester 07/01- 10/01 2026

[Exchange Students Website](#)

[Chat with our students and read their blogs](#)

**FACILITIES AND SERVICES**

[Campuses](#)

[University library](#)

[Learning Centre Aleksandria](#)

[Student benefits](#)

[Student Cafeterias](#)

[Student Union](#)

[Unisport](#)