

Be SAFE

# HEAT COURSE IN PARTNERSHIP WITH THE ITALIAN ARMED FORCES

# Be SAFE

## Hostile Environment Awareness Training

Implemented by **Fondazione SAFE** in partnership with the **Italian Armed Forces**, experts and associates from the University of Rome Tor Vergata – International CBRNe master's course – through **HESAR**, as well as the **European Gendarmerie Force**, the Be SAFE HEAT course will enable participants to practice and rehearse in a variety of immersive, real-life **scenario-based exercises** rolled out according to the EU **ENTRI standards**.



# Distinguishing Features

## QUALITY STANDARDS



Delivered to you in partnership with the Italian Armed Forces, HESAR as well as the European Gendarmerie Forces.

## SPECIAL FORCES OPERATORS



We are the only implementers counting on a formal agreement with the Italian Armed Forces for the engagement of military special forces as trainers of HEAT training for private sector, NGOs and media professionals.

## EU STANDARDS



Strictly rolled out based on the EU ENTRi standards, thus ensuring the use of certified training material, case studies, and real-life scenarios.

## NEW MODULE ON CBRNe



Crafted in collaboration with experts and collaborators from Tor Vergata University – CBRNe International master's course – through Associazione HESAR, in light of the challenges posed by non-conventional threats.



# Be SAFE HEAT Course

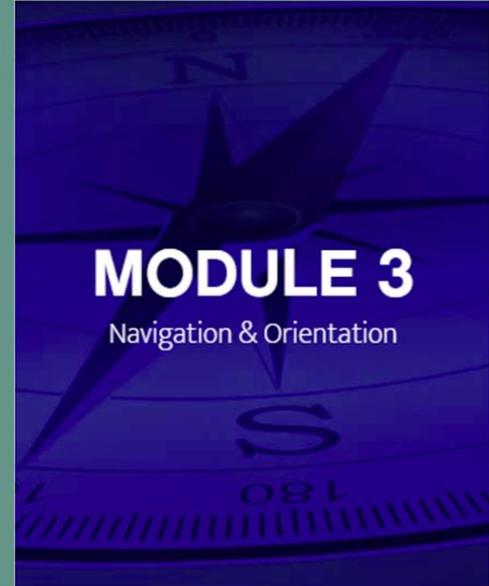
Implemented in partnership with the Italian Armed Forces in the former “Calvarina” NATO base located in Roncà (Verona). Our HEAT is developed in full compliance with the EU ENTRI standards/ESDC curricula and is delivered by accredited sector-specific experts from our pool of partners and external providers.



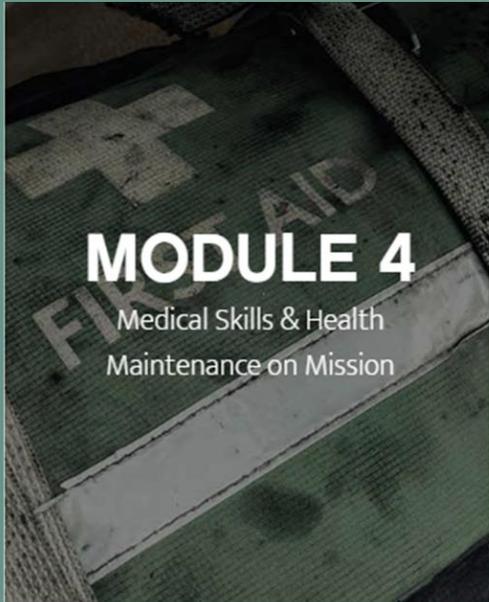
Generic threats, mitigation measures, journey planning and travel management



Effective use of radio, phonetic alphabet, radio transmission, voice procedures, basic satellite communications principles.



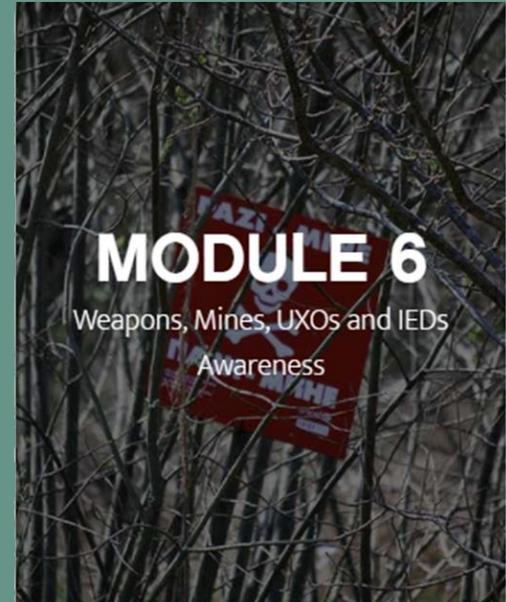
Direction and navigation in high-risk areas, grid references, map reading and navigation techniques using different tools, smart phones and satellite phones.



Principles of general health, well-being and stress management. Bleeding control, fractures and burns as well as first aid.



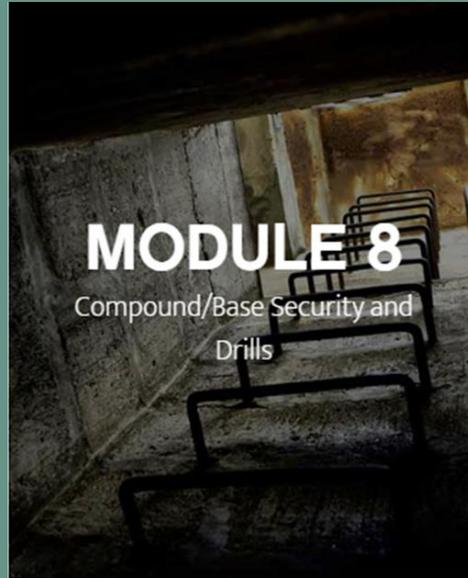
Identify types of VCP/roadblocks, legal and illegal checkpoints and roadblocks' set up and layout, verbal and non-verbal communications, behavior skills, bribery, corruption and gifts.



Mines, Unexploded Ordnances (UXO) and Improvised Explosive Devices (IED) awareness; emergency procedures & threat detection and response.



Arrest and detention by official organizations VS unlawful kidnapping, suspicious behavior detection, escape attempts, stress indicators, information gathering opportunities.



Principle and elements of Force Protection as well as compound/base protection, minimization of vulnerabilities, bunker and safe room procedures, correct use of PPE and grab bags, immediate action drills.



Close Protection drills and techniques, vehicle entry/exit drills, foot movement drills, movement under fire, cross-docking procedures, vehicles as cover, mobile security procedures, and contingency plans.



CBRN fundamentals, threats and hazards, resilience and situational awareness, PPE and self-protection procedures.

# Additional Options

## Tailor-Made HEAT

### 1 to 5 days HEAT courses

Upon request, participants can be trained, for example, on particular **threats characterizing specific countries** and/or on the specific risks and **threats related to the job performed** abroad. The duration of the course is a minimum of 1-day and goes up to 5 days in total.

## HEAT CAP

### 2-day security training upon request

HEAT CAP is a 2-day residential security training, aimed at training participants travelling or performing **short missions to capitals** in medium and high-risk countries through a combination of theory and practical exercises.

# PARTNERS

The Be SAFE HEAT course is organised by Fondazione SAFE in collaboration with the Italian Armed Forces. The partnership is enriched by the collaboration with experts and associates from Tor Vergata University – International CBRNe master's course – through HESAR , as well as the European Gendarmerie Force.

Be SAFE HEAT training

# A Highly Professional Training requires an Outstanding Partnership



Our HEAT training sessions will be implemented by officers from the special forces of Arma dei Carabinieri, Esercito Italiano and Marina Militare Italiana, guaranteeing the highest technical standards.



Fondazione SAFE offers high-level technical and strategic support in the design and implementation of innovative projects in the areas of “security sector reform”, “defense, peace and stability”, as well as “governance”. To date, SAFE team of in-house experts implements projects for a global value of over € 14M, mixing support to capacity development and innovation in EU Member States with technical assistance and support to enhanced security in EU and NATO partner countries, inter alia in the MENA region and Western Balkans. SAFE will guarantee the entire organization and oversee the implementation of the HEAT courses, hosting the theoretical component in its HQ in Soave (Verona) and the real-life scenarios in the former military base Calvarina, located in Roncà (Verona).



The Health Safety Environmental Research Association Rome (HESAR) promotes awareness, training, updating, studies, research, development, innovation and youth self-employment. By spreading awareness and a culture of safety and prevention of all risks in the workplaces and in everyday life, HESAR enhances the best practices, techniques and models, and the strict observance of rules and laws. In 2016 HESAR entered into a cooperation agreement with the University of Rome Tor Vergata, International Master Courses in Protection Against CBRNe events, and was officially listed as a member of the Chemical Weapons Convention (CWC) Coalition, of the Organisation for the Prohibition of Chemical Weapons (OPCW).

HESAR associates will lead on the implementation of Module 10 on CBRN awareness – a unique feature of our HEAT training.



The European Gendarmerie Force (EGF) is an operational, pre-organised, robust, and rapidly deployable intervention force comprising elements of several European police forces with military status of the Parties in order to perform all police tasks within the scope of crisis management operations. SAFE and EGF signed in 2019 a Memorandum of Understanding – along the cooperation lines foreseen in such MoU and abiding to its procedures, EGF may support the implementation of training sessions with specific technical expertise.

# Training Outcomes



Increased personal security awareness related to threats and procedures to be performed.



Increased understanding and know-how of first aid, medical incidents and stress level management.



Increased behavioral awareness during security incidents, including kidnappings, capture and riots.



Increased ability to effectively communicate and orientate in the field.



Increased capacity to perform and apply the most appropriate security and safety procedures.



Increased CBRNe awareness and application of principles of protection for non-conventional threats.

# SOAVE & RONCÁ



20

km from  
Verona

40

km from  
Venice

July  
12 - 16

September  
6 - 10

September  
20 - 24

## INCOMING SESSIONS

**FEE**  
**€ 2.950**



**Application deadline**

June  
25

August  
20

September  
5

Please contact us for special packages  
if you are an NGO or international  
organisation



5-Day full board



Insurance



Didactic Material



Local transport



Certificate of  
completion

# Financial Offer

2.950,00€ per participant (plus VAT, where applicable), for a minimum of 12 participants

The fee rate includes:

- Tuition fees
- Accommodation in 3-star hotel (or higher) in Soave, and meals for the five days
- Transportation during the 5 days of course (travel from residence place to Soave and back are excluded)
- Training material
- Personal medical first aid kit
- CBRN additional Module in cooperation with HESAR/University of Rome Tor Vergata
- Practical activities equipment
- Insurance

## Q&A

▼ Is the accommodation provided?

The organizers will make available single rooms in the city center of Soave. Check-ins will be starting from Sunday, a day before the training, and check-outs from Friday. Meals are always provided, including dinner on Sunday and breakfast on Saturday.

▼ What does the tuition fee include?

The fee includes accommodation, meals, transport during the training (excluding from/to the Airport), wine tasting tour, didactic material in electronic format, insurance and the certificate of attendance.

▼ How do participants arrive in Soave?

Participants can reach Soave through the closest Airport, “Verona-Villafranca” (25 Km of distance) or through the Airports in Venice, “Marco Polo”, and Treviso. By train, the closest stop is “San Bonifacio” (4 Km of distance).

# Q&A

▼ What is the schedule of the HEAT?

The Be SAFE HEAT course starts early on Monday morning and ends Friday in the afternoon. About one hour for lunch break is provided.

▼ How should participants dress during the HEAT?

Participants should dress in a comfortable way and be prepared for outdoor activities, minding the weather. Participants, once in Soave, will receive Personal Protective Equipment (PPE) to be used during the week, specifically helmet, bullet proof vest, earplugs, and goggles. A grab bag (emergency backpack) will be provided as gadget of the course.

▼ Can I exit from an exercise?

Participants can exit practical exercises at any time by using a given code word. If needed, they will receive immediate medical and psychological assistance and taken to a “safe place” until the end of the session.

## Q&A

▼ How can the tuition fee be paid?

The tuition fee can be paid to the HEAT organisers via bank transfer, following the instructions received once the application procedure is completed.

▼ Can training sessions be implemented in compliance with the national covid-19 regulation on group activities?

All activities will be carried out in strict respect of the most updated national regulations for Covid-19 diffusion prevention. Premises in Soave guarantee social distancing for up to 20 participants, and distancing will be ensured in all outdoor activities too. Attendees will be required to present a negative PCR test taken in the last 72h or can alternatively opt to be tested (free of charge) before the start of the training. All attendees will be tested (free of charge) on the last day of the training. PPE equipment will be provided for all training activities. While HEAT is an immersive training which requires in-person presence, depending on national regulations, part of the theoretical sessions may be implemented in e-learning modality.